**Professional Disclosure Statement**

Sharon Stater MA, LMFT

Christians As Family Advocates

921 Country Club Road Suite 222

Eugene Oregon 97401

541-686-6000

**Philosophy and Approach:** I approach therapy from an interactive, relationally focused perspective and seek to create an environment in which you feel comfortable telling me about yourself and the issues that have brought you in. Therapy is a process of identifying obstacles to growth and finding solutions. I explore influences of relationships, trauma, and spirituality while supporting clients in moving towards improved quality of life. I incorporate Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), and neuroscience into a strength-based approach in my work with individuals and families.

**Formal Education and Training:** I received a Bachelor of Science degree in Religious Studies from Oregon State University and hold a Master of Arts degree in Marriage and Family Therapy from Northwest Christian University. Major course work included family systems, early childhood attachment, domestic violence, trauma, spirituality, addiction, and co-occurring disorders. **As a Licensee** of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license, I am required to participate in 20 hours of continuing education annually. **Fee Schedule:** CAFA bills Medicaid and private insurance at $180.00 per session hour. My private pay fee is $95.00 per session hour; sliding scales can be negotiated.

**Code of Ethics and Bill of Rights:** As a licensed marriage and family therapist, I abide by the Code of Ethics as outlined in the Oregon Administrative Rules Board of Licensed Professional Counselors and Therapists, Chapter 833, Division 60. I conduct my practice to the highest standards of professional integrity and competence, with my primary responsibility being to the client. The LPC code of Ethic includes a Client Bill of Rights stating that consumers of counseling or therapy offered by Oregon licensees have the following rights:

* To expect that a licensee has met the minimal qualifications of training and experience required by the state law;
* To examine public records maintained by the Board and to have the Board confirm the credentials of a licensee;
* To obtain a copy of the Code of Ethics;
* To report complaints to the Board;
* To be informed of the cost of professional services before receiving services;
* To privacy as defined by the rule and law, including the exceptions of confidentiality of information obtained in the course of services that include the following:
* Reporting suspected child abuse
* Reporting imminent danger to the client or others
* Reporting information required in court proceedings or by your insurance company or other relevant agencies
* Defending claims brought by the client against this therapist
* To be free from discrimination based on age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

For additional information about this therapist, consult the Board of Licensed Counselors and Therapists at:

**3218 Pringle Road SE #120 Salem, OR 97302-6312**

**Phone:** **(503) 378-5499**

**Email**: [**lcpt.board@state.or.us**](mailto:lcpt.board@state.or.us)

**Website:** [**www.oregon.gov/OBLPCT**](http://www.oregon.gov/OBLPCT)