

Dayna Coury

Christians As Family Advocates
921 Country Club Rd #222, Eugene OR 97401
Phone: 541-686-6000 ext. 572
daynac@cafaweb.com
Supervisor: Corey Jackson, MA, LPC-S

Professional Disclosure Statement

Philosophy and Approach:

I operate from an eclectic approach of internal family systems (IFS), dialectical behavioral therapy (DBT), and polyvagal theory to address the variety of unique experiences a person may have. I think that every individual has the capacity within themselves to live according to their values and create a life they experience as worth living. I believe everyone is doing the best they can given their circumstances and learned abilities, and all have the capacity to grow, learn, and make improvements. My practice emphasizes the power of insight, empathy, mindfulness, and collaboration as one seeks both acceptance and change in their daily life. I aim to operate from a wholistic and trauma informed perspective, as well as intentionally consider the role of one's family, faith, and daily environment in one's mental health.

Formal Education and Training:

I am a master's student of clinical mental health counseling at Western Seminary with an expected graduation date of April, 2024. My major course work completed includes diagnosis, marital and family relationships, crisis management, multicultural work, group work, addiction counseling, and career development. I have completed trainings in psychological first aid (PFA), cognitive processing therapy (CPT), Gottman Level 1, and Dialectical Behavior Therapy (DBT).

As a counseling student, I abide by the American Counseling Association Code of Ethics. To obtain a copy of the Code of Ethics, you can contact the Oregon Board of Licensed Professional Counselors and Therapists or go to: <https://www.counseling.org/resources/aca-code-of-ethics.pdf>.

I expect to end my role as an intern at CAFA in April 2024.

Supervision:

As part of my internship, I am required to receive professional supervision. I receive supervision from: Corey Jackson, MA, LPC-S. My supervisor's training is: Licensed Professional Counselor. You can reach him by phone at 541-686-6000.

I am also in group supervision through CAFA and my university. Your information may be shared during these supervisions to support my work with you, however, your name and identifying information will not be used to safeguard your privacy. As part of the supervision process, your case may be shared and discussed to allow me to best serve as your therapist. The information shared remains confidential between me, group members, and supervisors.

Fees: For student interns, CAFA collects fees in cash/card starting at \$40/session. If you have health insurance, we can match your expected co-pay.

As a client of an Oregon counseling student under supervision from a licensed counselor, you have the following rights:

- * To expect that a licensee has met the qualifications of training and experience required by state law;
- * To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- * To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- * To report complaints to the Board;
- * To be informed of the cost of professional services before receiving the services;
- * To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- * To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499 Email: lpct.board@mhra.oregon.gov Website: www.oregon.gov/OBLPCT For additional information about this counselor or therapist, consult the Board's website.

Emergency Crisis Contact: CAFA does not provide emergency services. If you need additional services, please contact:

- **White Bird Crisis Intervention Services** at 541-687-4000 (call, walk-in, or have them come to you 24 hours 7 days a week)
- **HourGlass** 71 Centennial Loop, Eugene (walk in 24 hours 7 days a week)
- **Child and Adolescent Crisis Line** (for 17 and younger) at 1-888-989-9990
- **Lane County Youth Crisis Line** (for 17 and younger) at 541-689-3111
- **National Suicide and Crisis Line** 988